

WELLNESS

Wellness Requirement

All undergraduate students attending Georgia Tech must satisfactorily complete a wellness requirement.

Code	Title	Credit Hours
APPH 1040	Scientific Foundations of Health ¹	2
APPH 1050	The Science of Physical Activity and Health	2
APPH 1060	Flourishing: Strategies for Well-being and Resilience	2

¹ Previously offered as HPS 1040 (Health).