WELLNESS

Wellness Requirement
All undergraduate students attending Georgia Tech must satisfactorily complete a wellness requirement.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>APPH 1040</td>
<td>Scientific Foundations of Health ¹</td>
<td>2</td>
</tr>
<tr>
<td>APPH 1050</td>
<td>The Science of Physical Activity and Health</td>
<td>2</td>
</tr>
</tbody>
</table>

¹ Previously offered as HPS 1040 (Health).